

# Support Groups

## **ABERDEEN**

Venue: RUA Club, 5/7  
West Craibstone Street,  
Aberdeen, AB11 6DL

## **AYRSHIRE**

Venue: North Ayrshire  
County Building,  
Cunningham House,  
Irvine, KA12 8EE

## **BORDERS**

Venue: 84 Channel St,  
Galashiels, Scottish  
Borders TD1 1BD

## **EDINBURGH**

Venue: Unison Building,  
Douglas House, 60  
Bedford Road,  
Edinburgh, EH4 3UQ.

## **FORTH VALLEY**

Venue: Larbert Library,  
22 Hallam Rd,  
Stenhousemuir, Larbert  
FK5 3BF

## **GLASGOW**

Venue: Glasgow Life,  
220 High Street, G4  
0QW.

## **GREENOCK**

Venue: Inverclyde  
Community Care Forum,  
12 Clyde Square,  
Greenock, PA15 1NB

## **INVERNESS**

Venue: Unison Building,  
Highland Area resource  
Centre, 53 Shore Street,  
Inverness.

## **NORTH LANARKSHIRE**

Venue: Daisy Park  
Community Centre,  
Cassels Street,



A network of **support groups** is hosted by CAA to provide a forum for those diagnosed with an asbestos related condition, and their families, to meet for mutual support and to enable members to cope with any problems they may encounter in a positive way.

Support groups can help reduce the isolation felt by many who are diagnosed with an asbestos related condition, bringing you together with others who are affected, in a local venue, to share your experiences, discuss your concerns and identify any unmet healthcare needs.

Each of the group members determines the development of the group. The groups participate in a wide range of activities including, self-management of asbestos related conditions, information on local services, campaigning activities, having guest speakers from your local area or just meeting up to have a chat.

### **Please contact us for further details:**

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- ◆ Web: [www.clydesideactiononasbestos.org.uk](http://www.clydesideactiononasbestos.org.uk)